January/February 2022



Dear Families,

I hope you had a wonderful winter break and a Happy New Year! We were so happy to see our students back at school on Monday, January 3th, 2022. and most importantly staying safe and wearing their masks!

As the weather is starting to get colder, please make sure you send in the appropriate change of clothes for your child and take home the clothes you sent in. Please label all your children's clothing.

Families, you are mandated to obtain the flu vaccine for your child by December 31, 2021.

Notices were sent out by emails, at ORIENTATION and class DOJO . As per the Department of Health, <u>CHILDREN ARE NOT PERMITTED TO BE IN</u> THE SCHOOL WITHOUT PROOF OF BEING VACCINATED.

COVID-19: Sesame has strict protocols regarding bringing sick students to school. Please be mindful that ALL PARENTS MUST FILL OUT A SCREENING FORM prior to their child's arriving at school. SICK CHILDREN WILL NOT BE ADMITTED to the school since the protection of all students should be all our concern. IF YOUR CHILD IS BUSED AND ARRIVES TO SCHOOL ILL, YOU WILL BE PROMPTLY CALLED TO PICK-UP YOUR CHILD. LET'S KEEP OUR STAFF AND STUDENTS

PROTECTED! WE ARE EXPECTING TO OBTAIN TEST KITS FOR STUDENTS AND WILL INFORM PARENT ONCE THEY ARRIVE.

Please refer to the school website at www.sesamesproutschool.com for additional COVID-19 resources.

From our Parent Coordinator: Marina Martinez

Workshops for parents:



January 14th at 3:00 pm via zoom: Workshop on How to be a strong advocate for

your child; facilitated by Family & Youth Peer Support - Queens Alliance

Zoom ID: 815 7857 3943 Password: 993884

January 21st at 3:00 pm via zoom: Fostering your child Self - Esteem: facilitated

by Family & Youth Peer Support – Queens Alliance

Zoom ID: 824 0410 3253 Passcode: 517501

Nutrition training: 8 sessions via zoom: Starting 1/19 and ending 3/9 /2022

Time: 10- 11:30 am

Facilitator: Cornell University Cooperative Extension

Zoom info: Meeting ID: 943 2039 7987 **PASSWORD**: 771649

Social Worker: Carmen Ramos presentation:

Understanding your child's IEP Workshop: January 12th at 2:30 pm via zoom

Zoom ID: To be announced.



February 2022

Parent Association Meeting: February 4th @3:00 pm
Zoom ID: 609 085 5293 Password: marina

How to build your child's language skills workshop:
February 11th, 2022, Facilitator: Ana Torrecilla / JoAnn Mainardi

Zoom ID: To be announced.

9:00 a.m.-10:00 a.m.

Location: Gymnasium (Court) (in Flushing Meadows Corona Park)

Category: Shape Up NYC, Recreation Center Programming, Dance Classes, Exercise

Classes

Free!

Thursday, January 13, 2022

Free!

11:00 a.m.-12:00 p.m.

Location: Gymnasium (Side) (in Flushing Meadows Corona Park) **Category:** Fitness, Seniors, Recreation Center Programming

Mental Health Resources

Suicide Prevention Hotline: (800) 273-8255 or (800) 273-TALK

Crisis Mobile Team: (800) 543-3638, (800)-LIFENET, or call 311 and ask for Lifenet

New York City Department of Mental Health: (212) 219-5400

Foodbank NYC- Elmcor Youth and Adult Activities

107-20 Northern Blvd Corona, NY 11368 646-981-6111

Below are some wonderful resources for your family. These websites give you information on wonderful books and activities you can do with your children, articles to help with understanding your preschooler and resources and events to go to with your family.

www.readingrockets.org

https://www.naeyc.org/

Monthly themes: Your child's teacher will provide you a monthly theme of events. Additionally, teachers /therapist are required to update you on a consistent basis of your child's progress and classroom issues. Please do not hesitate to reach out if these things are not forthcoming.

If you have any questions or concerns, please reach out to your teachers through their Class Dojo platform for your class. Please continue to check Sesame Lesson plan website for videos and educational materials.

Holidays/School Closed

January 17th: Rev. Dr. Martin King Jr. Day (school closed)

February 1st: Staff Development Day (closed for SED/3K/4K for All)

(Open for Private care/ACS/ 3K/4K- Extended day /Extended Year students)

February 21st- February 25th: Midwinter Recess (school closed for SED/3K; 4K students)

February 22th- February 25th: Open for ACS/ Private care students



February: Celebrating Black History Month

Each classroom will be celebrating Black History Month differently. Be on the lookout for your classroom newsletters.



By kindergarten, most children have heard of <u>Dr. Martin Luther King, Jr.</u> They are taught that he, like Mahatma Gandhi, was an advocate for peace and equality.

However, consider going beyond Dr. King. For example, teach your child about Rosa Parks, the seamstress and civil rights activist whose refusal to give up her bus seat to a white passenger ignited the Montgomery Bus Boycott. Her small act of nonviolent resistance helped to forge the way for transportation desegregation across the nation.

Her story is part of our shared American history. Instead of shying away from hard truths,

We understand that this is an exceedingly difficult time for a lot of families, and we are here to help in any way we can. Please reach out to the front office or to your child's teachers for anything you might need. The remote learning platform will periodically be used if a class or the school is required to be closed for a short period of time. If you are new to remote learning do not worry, our staff and your teachers will guide you through the process of how to log onto Zoom and Class Dojo.

Our school is a place where all staff members are committed to helping children succeed. Sesame is a place where strong connections are made between home and school and with your support and participation our community will thrive!

We are wishing all of you a happy, healthy, properous New Year!

From all of us at Sesame Sprout!!